

# Gurmar

*Gymnema sylvestre* (Retz.) R.Br. ex Sm

**Code:** TREE-00329    **Category:** Plants    **Local / Vernacular name:** Eng: Gurmar ,Kan: □□□□□□□□

## Botanical Details

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### • Medicinal Uses:

- It is used as a remedy for glycosuria and urinary disorder.
- It has been used to treat diabetes, malaria and snake bites in folk medicine.
- In Ayurveda, it is used for treating dyspepsia, constipation, jaundice, haemorrhoids, asthma, bronchitis, amenorrhea, and leukoderma.

## Location

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GPS: 12.87252200, 74.84571400

Directions: <https://www.google.com/maps/dir/?api=1&travelmode=walking&destination=12.872522%2C74.845714>

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